

COMITE NATIONAL DE DAITO RYU JUJUTSU

EXEMPLE DE PROGRESSION TECHNIQUE DU 1^{er}, 2^{es}, 3^{es} et 4^{es} DAN

合気道

1^{er} DAN

Exemple d'interrogation
pour les examens de Shodan



SUWARI WAZA

SHOMEN UCHI

IKKYO	NIKYO IRIMINAGE	SANKYO	YONKYO KOTEGAESHI	GOKYO
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HANMIHANDACHI WAZA

KATATEDORI

IKKYO	NIKYO IRIMINAGE	SHIHONAGE KOTEGAESHI	UCHIKAITENNAGE
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TACHIWAZA

KATADORI

IKKYO	NIKYO
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KATADORI SHOMEN UCHI

IKKYO	SHIHONAGE	UDEKIMENAGE	KOTEGAESHI
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RYOTE DORI

TENCHINAGE	KOSHINAGE
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CHUDAN TSUKI

IRIMINAGE	JIYUWAZA
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YOKOMEN UCHI

IKKYO	SHIHONAGE	JIYUWAZA
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USHIROWAZA RYOTE DORI

IKKYO	IRIMINAGE	SHIHONAGE	KOTEGAESHI
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TANTO DORI

YOKOMEN - SHOMEN - CHUDAN TSUKI

JIYUWAZA

JO DORI

CHUDAN TSUKI

JO NAGE WAZA

JIYUWAZA

BOKKEN

JIYUWAZA

RANDORI WAZA

JIYUWAZA

2^e DAN

Exemple d'interrogation
pour les examens de Nidan



SUWARI WAZA				
YOKOMEN UCHI				
IKKYO	NIKYO	SANKYO	YONKYO	GOKYO
	IRIMINAGE		KOTEGAESHI	
HANMIHANDACHI WAZA				
KATATEDORI				
IKKYO	NIKYO	SHIHONAGE	UCHIKAITENNAGE	
	IRIMINAGE	KOTEGAESHI	SOTOKAITEN NAGE	
USHIROWAZA RYOKATADORI				
	IKKYO		SANKYO	
TACHI WAZA				
SHOMEN UCHI			JIYUWAZA	
KATADORI SHOMEN UCHI				
IKKYO	SHIHONAGE	UDEKIMENAGE	KOTEGAESHI	
RYOTEDORI				
	TENCHINAGE	KOSHINAGE	KOKYUNAGE	
USHIROWAZA RYOTE DORI			JIYUWAZA	
USHIROWAZA RYOKATADORI				
IKKYO	NIKYO	SANKYO	KOTEGAESHI	
CHUDAN TSUKI			JIYUWAZA	
TANTO DORI				
YOKOMEN - SHOMEN - CHUDAN TSUKI			JIYUWAZA	
JO DORI				
CHUDAN TSUKI			JIYUWAZA	
JO NAGE WAZA				
BOKKEN				
JIYUWAZA				
RANDORI WAZA				
JIYUWAZA				

3^e DAN

Exemple d'interrogation
pour les examens de Sandan



SUWARI WAZA				
YOKOMEN UCHI				
IKKYO	NIKYO	SANKYO	YONKYO	GOKYO
	IRIMINAGE		KOTEGAESHI	
KATA DORI MEN UCHI				
IKKYO	NIKYO	SHIHONAGE	UCHIKAITENNAGE	
	IRIMINAGE	KOTEGAESHI	SOTOKAITEN NAGE	
HANMIHANDACHI WAZA				
USHIRO RYOKATA DORI				
IKKYO	NIKYO	SANKYO	YONKYO	GOKYO
	YOKOIRIMI	KOTEGAESHI	SHI HO NAGE	KOKYUNAGE
USHIRO ERI DORI				
IKKYO		NIKYO		SHIHONAGE
	IRIMINAGE	KOTEGAESHI		
TACHI WAZA				
KATA DORI MENUCHI				
IKKYO	NIKYO	SANKYO	SHI HO NAGE	
UDEKIMENAGE	IRIMINAGE	KOTEGAESHI	KOSHINAGE	
USHIRO RYOTE DORI				
IKKYO		KOTEGAESHI	SHIHONAGE	
	IRIMINAGE	JUJI GARAMI	KOSHINAGE	
USHIRO KATATE DORI KUBI SHIME				
IKKYO	NIKYO	SANKYO	YONKYO	
YOKO IRIMI	IRIMI NAGE	KOTEGAESHI	SHI HO NAGE	
JODAN TSUKI - CHUDAN TSUKI			JIYU WAZA	
SHOMEN UCHI - KATATE DORI				
BUKI WAZA				
TANTO DORI			JIYU WAZA (4 TECHNIQUES)	
JO DORI			JIYU WAZA (4 TECHNIQUES)	
JO NAGE WAZA			JIYU WAZA (4 TECHNIQUES)	
TACHI DORI			JIYU WAZA (4 TECHNIQUES)	
KUMI TACHI			JIYU WAZA (4 TECHNIQUES)	

4e DAN

Exemple d'interrogation
pour les examens de Yondan



SUWARI WAZA

YOKOMEN UCHI

JIYU WAZA

KATA DORI MEN UCHI

JIYU WAZA

KATATE DORI

JIYU WAZA

HANMIHANDACHI WAZA

SHOMEN UCHI

JIYU WAZA

RYO KATATE DORI

JIYU WAZA

USHIRO RYOKATA DORI

JIYU WAZA

USHIRO ERI DORI

JIYU WAZA

TACHI WAZA

SHOMEN UCHI

JIYU WAZA

KATATE DORI

JIYU WAZA

KATA DORI MENUCHI

JIYU WAZA

JODAN TSUKI

JIYU WAZA

CHUDAN TSUKI

JIYU WAZA

USHIRO RYKATA DORI

JIYU WAZA

USHIRO RYOTE DORI

JIYU WAZA

USHIRO KATATE DORI KUBI SHIME

JIYU WAZA

BUKI WAZA

TANTO DORI

JIYU WAZA

JO DORI

JIYU WAZA

JO NAGE WAZA

JIYU WAZA

TACHI DORI

JIYU WAZA

KUMI TACHI

JIYU WAZA

RANDORI WAZA

JIYUWAZA